



PE and Sports Premium Funding Plan 2016/17

PE and sport premium for primary schools

If your school receives [PE \(physical education\)](#) and [sport premium funding](#), you must publish:

- how much funding you received
- a full breakdown of how you've spent the funding or will spend the funding
- the effect of the premium on pupils' PE and sport participation and attainment
- how you'll make sure these improvements are sustainable

The amount of Sports Premium funding we received in 2016/17 was approximately £8,255.

It has been spent on:

- sports and physical development equipment and resources;
- providing wider curriculum and extra-curriculum content and deeper learning experiences;
- providing more and wider opportunities for children to participate in sporting events, festivals and competitions;
- transport (to and from sporting events);
- sports development - visiting coaches and professional development in gymnastics, dance, cricket, yoga, football, zumba, orienteering, bouldering, lawn green bowling, rowing and swimming;
- programmes and sessions to develop all pupils mental health and well-being.

| PE and Sports Funding Grant Amount for 2016/17 = £8,255 | | | | | |
|--|---|---|--------------------------|---|---|
| Aim | Activity/Action | When | Who | Impact | Cost |
| To enhance swimming provision to enable clear development in confidence and strokes. | <ul style="list-style-type: none"> Employ an additional swimming coach to enable our group of Y1 to Y6 to be streamed appropriately to provide specific skills teaching and progression through three groups, rather than two (non-swimmers and swimmers). | 12 x 45 minute lessons during Spring Term 2 | Year 1 through to Year 6 | <ul style="list-style-type: none"> Specialist education and engagement in swimming with appropriate swimming techniques. Children taught in three groups: non- swimmers, beginners and advancing (to build up stamina through specialist stroke coaching and maintain interest and enjoyment for more proficient swimmers). Number of non-swimmers has decreased. More children will be able to swim 25m by the time they leave primary education: All Year 6 achieved this. Selected swimmers took part in Brampton swimming gala and came third | £555 swimming coaches Swimming Gala = £20 Total = 575 |
| Specialist Gymnastics Coaching and use of specialist equipment. | <ul style="list-style-type: none"> All children from Y1 to Y6 to attend specialist gymnastic coaching lessons with two qualified coaches and school staff. Children experience specialist equipment to improve engagement, skills and enthusiasm for the sport. | 12 x 60 minute lessons during Spring Term 2 Team 12 x 45mins extra coaching After schools gym club | Year 1 through to Year 6 | <ul style="list-style-type: none"> All children were able to complete Key steps routines on gym club equipment All children from Year 1 to Year 4 competed in local school gym festival KS1 , Year 3/4 and Yr5/6 teams competed compete in Brampton Schools gym competition, all teams won and went through to the Carlisle Schools Gym final. KS1 and Yr5/6 teams came second and Yr 3/4 team won. They went onto win the Key Steps County final. Yr 5/6 team went onto win the County Novice Competition Vast majority of pupils achieved advancing awards from competition Pupils requested a gymnastics club as after- school club. | £ 337.50 Carlisle Gym Club hire £10 Club membership £768 weekly transport to gym and comp. Total = 1115.50 |
| To develop an interest in bouldering | <ul style="list-style-type: none"> Specialist Bouldering Coaching for Year 3 to Year 6 to enthuse interest Entry into Carlisle Area Bouldering competitions | 1 hr / wk lesson through December and January | KS2 Teams Y3/4 & Y5/6 | <ul style="list-style-type: none"> Some children go to Eden Rock to boulder independently of school Boys and Girls team came first in the Carlisle Area Bouldering competitions | £ 300 transport £ 620 Coaching £50 competition fee Total = 970 |

| PE and Sports Funding Grant Amount for 2016/17 = £8255 | | | | | |
|---|--|-----------------------------------|--------------|---|---|
| Aim | Activity/Action | When | Who | Impact | Cost |
| To develop personal health and well-being. | <ul style="list-style-type: none"> • 'You can do it' mental health and well-being programme • Training for staff • Continue to use WHISkids Road to express emotions | 1 hr / wk lesson/class For 1 term | Yr 1-Y6 | <ul style="list-style-type: none"> • All children say that they have benefitted from dedicated time to reflect, learn how to focus and calm and centre their thoughts and develop a positive mind set more. • School to continue with 'road theme' to facilitate conversations about emotions and feelings with pupils. | Total =£800 |
| To increase participation in sporting experiences, festivals and competitions | <ul style="list-style-type: none"> • Become a member of Carlisle Schools Sports Association • Enter competitions and festival as appropriate and where pupils show an interest • To be part of the WHS Primary SSCO | On going | Whole school | <ul style="list-style-type: none"> • Annual Members of Carlisle Schools Sports Association and local secondary school sports partnership • Pupils have participated in: multi-skills festivals, bouldering, gymnastics, cricket, football competitions, swimming galas, Lawn Green Bowling, Chance to Shine cricket festival, yoga and cross county running, Cubrian Fun Run, | £30 CSSA Fees SSCO Fee £244.50 £ transport £entry costs £392 Total = £666.50 |
| Specialist sports coach develop staff as coaches within PE lessons. | <ul style="list-style-type: none"> • Employ regular, specialist coaches to work alongside staff to plan, team teach and develop assessment skills and strategies. | On going | Whole school | <ul style="list-style-type: none"> • Staff have gained experience in teaching a slightly wider range of sports and activities. • Pupils have experienced better quality coaching during lessons, improving their skills, enthusiasm and enjoyment of sport. | £6540 |
| | | | | | Grand Total £10,067 |